

# Martin's News

December 2010

[www.martinsbomaappeal.webs.com](http://www.martinsbomaappeal.webs.com) [www.martinsymons.com](http://www.martinsymons.com)

Hiya all,

I hope you are all well. It's been sometime since I wrote so I thought I'd better write with an update.

It's been eventful these past four months.

In January I started my Boma appeal to raise £9,500. It's been a slow start but I am please to that after been awarded a grant of £3,500 I now have raised over £6,000.

I'm hoping to raise the remainder through a charity screening of Being Martin (full version) on Friday 11<sup>th</sup> March 2011. I'm hoping to organize a charity dinner with James Alexander Gordon (BBC broadcaster) as a speaker. James has kindly offered to be after dinner speaker free of charge.

## Being Martin



The documentary has been well received on the film festival circuit, both in London and abroad. It was an Official Selection at the Rushes Soho International Film Festival in London in June

In September, the local media descended on me after news of the documentary 'Being Martin' winning 3 awards at the Moondance International Film Festival in Colorado. The film won Best Short Film, Viewer's Choice and the Moondance Inspiration Award.

<http://archive.constantcontact.com/fs078/1101533091345/archive/1103891315814.html>

In early December, 'Being Martin' won two more awards, this time the Angel Awards at the Monaco Film International Film Festival in Monte Carlo. The awards were for Best Humanitarian Short Film and for Best Narration.

[http://www.rivieralife.tv/movies\\_angels\\_10\\_video1.htm](http://www.rivieralife.tv/movies_angels_10_video1.htm)

Because of this, I came to the attention of BBC Ouch – It's a disability thing! I was featured on their 13 question page. <http://www.bbc.co.uk/ouch/interviews/13.shtml>

Also coming soon will be an article in the Guardian. Once I know the publication date, I will publish it on both my websites, facebook and twitter.

## Next challenge

Plans are being made for my next challenge, the Devon Coast to Coast Illfracombe to Plymouth and I will be using a 'Boma'. This will be in July 2011 exact dates to be confirmed. Anyone is welcome to come long.

I will also be planning a ride for 2012 in Southern Ireland where I plan to do 'The Ring of Kerry' 138 mile circuit. More details next year.

I now have a new facebook page. This is one you don't need to join but can become a fan. Just type in my name. My profile picture for that one is me on the Boma with a red waterproof! I still have the Martin's Boma Appeal group and I still have the t-shirt on in that one!!

## Other Fundraising

There are t-shirts, mugs, greeting cards still available on my Zazzle shop. For every purchase made, I receive 10% which will go towards the Boma fund. Please visit [www.zazzle.co.uk/martinsymons](http://www.zazzle.co.uk/martinsymons)

I also have an Amazon store where you can buy music, dvds, kitchenware, anything you want. In order to benefit from referral fees, you need to go to <http://astore.amazon.co.uk/martinsymons>

I'm also collecting used inkjet cartridges. If you have any please may I have them? You can send them to me or you can send your cartridges direct to: Cash For Cartridges, FREEPOST, The Recycling Centre, 13 Main Street, Keyworth, NOTTINGHAM N12 5AA. Alternatively, send me an email and I will post you a FREEPOST envelope. Please can you include my Account Reference Number 4677 inside the package and on the outside. Thank you.

If you are a company and are able to help with a bulk, please email for advise

### **Guest Speaker??**

Are you a member of Rotary. The Lions or the WI or other group/company? And are you looking for a guest speaker? I am hoping to get on the speaking circuit in 2011.

If you would be interested in having me along, please contact me for a chat.

### **Other News**

I feel I have well and truly got my feet under the table here in Norfolk!!

I'm continuing with Not About the Bike. This is a social and enterprise community group. They collect old bikes fix them (PIMP my Bike!) up and either sell them or provide them to people on low income so that they can use help find work. The group also provides volunteering opportunities.

In September, we started inclusive cycle rides but at the moment I'm not able to take part. I'm on the management committee and secretary for this.

I'm also very much involved with Norfolk Coalition of Disable People (NCODP). I volunteer with Independent Living Norfolk (service provided by NCODP) working on the Independent Living Groups. These groups are for people who use Direct Payments or Personal Budgets

Finally, I would like to wish you all Merry Christmas and Happy New Year and thank you for your continued interest.

Best wishes

*Martin*

